

Ipswich Ekiden 2017 Team Results

Position	Race Number	Name	Time	Category	Category Position
1	2	Colchester Harriers MO A	02:24:09	MO	1
2	1	Ipswich JAFFA MO A	02:25:32	MO	2
3	48	Colchester Harriers MV A	02:34:41	MV	1
4	5	West Suffolk MO	02:35:54	MO	3
5	163	Ipswich JAFFA MX A	02:37:26	MX	1
6	12	Ipswich JAFFA MO B	02:38:49	MO	4
7	94	Waveney Valley MX Team 1	02:39:34	MX	2
8	4	Colchester Harriers M O B	02:41:15	MO	5
9	152	Fram Flyers MV Team 2	02:41:35	MV	2
10	66	Colchester Harriers MSV	02:42:22	SV	1
11	34	Harwich Mens Vets	02:42:35	MV	3
12	26	Bure Valley Hippos	02:43:21	MO	6
13	95	Haverhill Hares A MO	02:43:31	MO	7
14	35	Witham Male Vets	02:44:36	MV	4
15	33	Ipswich JAFFA MV A	02:44:52	MV	5
16	98	Dereham Mixed	02:46:00	MX	3
17	70	Ipswich JAFFA LO A	02:46:00	LO	1
18	139	Colchester Harriers MX A	02:46:26	MX	4
19	49	Ipswich JAFFA M SV	02:46:33	SV	2
20	67	West Suffolk LO A	02:46:49	LO	2
21	59	Colchester Harriers MV B	02:46:53	MV	6
22	81	Lowestoft RR Mixed A	02:48:24	MX	5
23	97	Stow Striders MX Team 1	02:48:45	MX	6
24	17	Ipswich JAFFA MO C	02:49:02	MO	8
25	176	Goddard's Saturday Old Boys	02:49:09	SO	1
26	32	Felixstowe RR MV Team 1	02:49:24	MV	7
27	21	Hadleigh Hares MO T1	02:49:46	MO	9
28	107	St Edmund Pacers MX Team 1	02:49:59	MX	7
29	37	Stow Striders MV Team 3	02:50:52	MV	8
30	8	Newmarket Joggers Team 1 MO	02:51:49	MO	10
31	10	Felixstowe RR MO Team 3	02:51:58	MO	11
32	42	Norwich RR MV Sheer Khan	02:52:41	MV	9
33	174	CONAC Male Open	02:53:32	MO	12
34	96	Bungay Black Dog The Mongrels	02:54:40	MO	13
35	13	Witham Male Open	02:54:56	MO	14
36	11	Sudbury Joggers MO A	02:55:33	MO	15
37	191	Six on the beach	02:55:53	SO	2
38	40	St Edmund Pacers SV T 2	02:57:40	SV	3
39	24	Waveney Valley MO Team 2	02:58:06	MO	16
40	75	Colchester Harriers Ladies Open A	02:58:12	LO	3
41	9	St Edmund Pacers MV Team 3	02:58:35	MV	10
42	125	Saxons Team 1 MO	03:01:11	MO	17
43	6	Lowestoft MO A	03:02:00	MO	18
44	7	Fram Flyers MO Team 1	03:03:21	MO	19
45	15	Dereham Mens Open	03:03:26	MO	20
46	16	Woodbridge Shufflers MO	03:04:24	MO	21
47	93	Ipswich JAFFA M SV B	03:04:56	SV	4
48	155	Colchester Harriers MX B	03:05:53	MX	8
49	25	Nflk Gazelles Rowen's Rockets MX T2	03:06:16	MX	9
50	60	Norwich RR MX Baloo	03:06:22	MX	10
51	124	Stow Striders Male Open Team 5	03:06:59	MO	22
52	52	Stow Striders SV Team 4	03:07:52	SV	5
53	83	Ipswich JAFFA LV A	03:09:37	LV	1
54	41	Ipswich JAFFA MV B	03:09:47	MV	11
55	30	Colchester Harriers MO C	03:09:54	MO	23
56	43	Fram Flyers MV Team 3	03:10:32	MV	12
57	64	Thorney MO Team 1	03:10:45	MO	24
58	18	Coltishall Jaguars MO A	03:11:30	MO	25
59	88	St Edmund Pacers LV Team 4	03:12:05	LV	2
60	3	Harwich Male Open	03:12:05	MO	26

Ipswich Ekiden 2017 Team Results

61	171	Colchester Harriers MX C	03:12:14	MX	11
62	53	Felixstowe RR SV Team 2	03:12:50	SV	6
63	178	Longdale Striders Male Open	03:12:56	SO	3
64	56	Bungay Black Dog The Foxy's	03:13:02	LO	4
65	173	CONAC Ladies Open	03:13:05	LO	5
66	86	Witham Female Open	03:13:11	LO	6
67	51	Witham SV	03:13:15	SV	7
68	29	Newmarket Joggers Team 2 LO	03:13:31	LO	7
69	119	Fram Flyers SV Team 4	03:13:52	SV	8
70	82	Colchester Harriers L O B	03:14:01	LO	8
71	31	Newmarket Joggers MV Team 3	03:14:10	MV	13
72	91	Coltishall Jaguars MO B Team	03:14:34	MO	27
73	23	Hadleigh Hares LO T2	03:14:52	LO	9
74	180	Run for your life 1	03:16:04	SO	4
75	172	Colchester Harriers MX D	03:16:16	MX	12
76	50	Woodbridge Shufflers SV	03:18:39	SV	9
77	27	GBRC The good bad & ugly	03:19:08	MX	13
78	14	Sudbury Joggers MO B	03:19:56	MO	28
79	113	Colchester Harriers Female SV	03:20:03	FS	1
80	84	Harwich Ladies Vets	03:21:01	LV	3
81	65	North Norfolk Beach Runners MO	03:21:29	MO	29
82	108	Haverhill Beauty & the Beasts	03:22:40	MO	30
83	54	GBRC Twisted Blisters	03:26:14	MX	14
84	175	Mrs Brand's Boys	03:26:28	SO	5
85	141	Tiptree RR Mixed Team 1	03:26:28	MX	15
86	57	Norwich RR SV Bagheera	03:26:52	SV	10
87	69	Hadleigh Hares MX Team 3	03:26:54	MX	16
88	100	GBRC Scrambled legs	03:26:56	MX	17
89	170	Felixstowe RR LV Team 5	03:27:18	LV	4
90	130	Norwich RR Akela	03:27:34	MX	18
91	185	Ensors	03:27:35	SO	6
92	159	Bure Valley Hes and Shes	03:28:12	MX	19
93	112	Bungay Black Dog MX The Woof Pack	03:28:26	MX	20
94	151	Woodbridge Shufflers Ladies Open	03:28:28	LO	10
95	19	Lowestoft MO B	03:28:57	MO	31
96	136	Ipswich JAFFA MO D	03:29:05	MO	32
97	99	St Edmund Pacers MX Team 6	03:29:39	MX	21
98	182	Tambo Flyers	03:30:29	SO	7
99	46	GBRC Ballot's Bullets	03:30:39	MX	22
100	123	GBRC When I'm colling ewe	03:31:06	MX	23
101	147	GBRC Bentley hot shots	03:31:57	MX	24
102	183	AHP Suffolk	03:32:12	SO	8
103	102	St Edmund Pacers MX Team 5	03:32:19	MX	25
104	200	Team Belsom	03:32:19	SO	9
105	122	Stow Striders Female SV Team 2	03:33:19	FS	2
106	199	Bure Valley Half Dozen	03:33:36	MX	26
107	85	Ipswich JAFFA LV B	03:34:22	LV	5
108	116	Nflk Gazelles Graham's Gallopers MX T4	03:34:43	MX	27
109	73	Hammer Bunnies	03:34:50	MX	28
110	193	Awesome Team - Juniors	03:35:24	SO	10
111	140	Tiptree RR Mixed Team 2	03:35:31	MX	29
112	160	Felixstowe RR MO Team 4	03:35:46	MO	33
113	45	Witham Mixed	03:35:49	MX	30
114	79	GRBC The fat and the furious	03:35:58	MX	31
115	105	Waveney Valley MX Team 3	03:36:08	MX	32
116	177	Ryan's	03:36:20	SO	11
117	80	Woodbridge Shufflers 60s	03:36:26	SV	11
118	58	St Edmund Pacers SV Team 7	03:36:28	SV	12
119	110	Stow Striders Mixed Team 9	03:36:34	MX	33
120	184	Run for your life 2	03:36:35	SO	12
121	106	Waveney Valley 60s Team 4	03:36:59	60	1

Ipswich Ekiden 2017 Team Results

122	192 Framlingham College	03:37:31	SO	13
123	146 GBRC Go hard or go home	03:38:26	MX	34
124	181 Rushmere Community Runners (Coes)	03:38:51	SO	14
125	197 Shin Sprints	03:39:36	SO	15
126	189 Yourpace or mine	03:39:46	SO	16
127	20 Tiptree RR MO Team 3	03:40:34	MO	34
128	63 Haverhill Hares Mixed	03:40:35	MX	35
129	38 Norwich RR MV Team Kaa	03:41:12	MV	14
130	117 Lowestoft Ladies Open	03:41:38	LO	11
131	111 Stow Striders Mixed Team 10	03:42:10	MX	36
132	39 Nflk Gazelles Lou's Legends MX T3	03:42:26	MX	37
133	165 Ipswich Jaffa Mx B	03:43:26	MX	1
134	142 Hadleigh Hares MX Team 5	03:43:54	MX	38
135	118 Stow Striders MX Team 7	03:44:44	MX	39
136	90 Colchester Harriers L O C	03:45:01	LO	12
137	62 Capel Cheetahs SV	03:45:29	SV	13
138	87 Fram Flyers LV Team 5	03:45:41	LV	6
139	190 Beccles and Bungay Graduates	03:45:42	SO	17
140	169 We didn't sign up for this	03:46:15	SO	18
141	55 Fram Flyers SV Team 7	03:46:24	SV	14
142	47 Norwich RR LO King Louis	03:46:37	LO	13
143	135 Capel Cheetahs FSV	03:46:47	FS	3
144	167 Sudbury Joggers MX D	03:48:42	MX	40
145	61 Witham Lady Vets	03:50:04	LV	7
146	154 Harwich Mixed C	03:50:30	MX	41
147	115 Stow Striders LO Team 6	03:51:42	LO	14
148	162 Sudbury Joggers MX C	03:52:00	MX	42
149	164 Ipswich Jaffa Mx C	03:52:28	MX	2
150	120 Hadleigh Hares MX Team 4	03:52:56	MX	43
151	128 Newmarket Joggers Team 4 SV	03:53:07	SV	15
152	44 Bungay Black Dog The Dogs....	03:53:47	MX	44
153	195 Port Out, Starboard Home	03:53:49	SO	19
154	77 Sudbury Joggers LO A	03:54:11	LO	15
155	158 Harwich Mixed A	03:54:19	MX	45
156	92 Ipswich JAFFA F SV	03:56:08	FS	4
157	156 Waveney Valley MO Team 5	03:56:25	MO	35
158	76 Norwich RR FSV Hathi	03:56:28	FS	5
159	188 Longdale Striders LV	03:56:45	LV	8
160	145 Harwich 60 +	03:56:58	60	2
161	149 Beccles Bungay Harriers Team 2	03:57:37	MX	46
162	109 Stow Striders Mixed Team 8	03:57:43	MX	47
163	194 Team 2gether	03:57:54	SO	20
164	198 Team Awesome 50+	03:58:17	SO	21
165	153 Harwich Mixed B	03:58:56	MX	48
166	103 Haverhill Old Gits SV	03:59:13	SV	16
167	104 Beccles Bungay Harriers	03:59:38	MX	49
168	89 Nflk Gazelles Julie's Jubileers FSV	04:00:46	FS	6
169	129 Sudbury Mixed A Groom Party	04:01:09	MX	50
170	168 Waveney Valley LV Team 6	04:01:14	LV	9
171	132 Saxons Team 3 SV	04:01:37	SV	17
172	72 Fram Flyers LO Team 6	04:01:38	LO	16
173	126 North Norfolk Beach Runners Super 70s Too	04:01:56	70	1
174	28 Capel Cheetahs Mixed	04:02:24	MX	51
175	127 North Norfolk Beach Runners LO	04:03:18	LO	17
176	137 Felixstowe RR MX Team 7	04:03:20	MX	52
177	150 Sudbury Mixed B Bridal Party	04:03:52	MX	53
178	71 Newmarket Joggers MX Team 5	04:05:18	MX	55
179	133 Haverhill Hornets - Mixed	04:05:18	MX	54
180	36 Witham Lady SV	04:05:55	FS	7
181	22 Norwich RR LO Mowgli	04:06:25	LO	18
182	144 Felixstowe RR MX Team 9	04:06:45	MX	56

## Ipswich Ekiden 2017 Team Results

183	157	Felixstowe RR MX Team 11	04:07:24	MX	57
184	114	North Norfolk Beach Runners Super 70s	04:10:20	70	2
185	134	Thorney Team 2 MX	04:11:18	MX	58
186	196	Run for your life 5	04:11:30	SO	22
187	74	Felixstowe RR FO Team 6	04:14:06	LO	19
188	131	Saxons Team 2 MX	04:14:33	MX	59
189	186	Run for your life 3	04:16:50	SO	23
190	161	Bungay Black Dog MX - Waveney Whippets	04:19:21	MX	60
191	187	Run for your life 4	04:22:55	SO	24
192	148	Felixstowe RR MX Team 10	04:25:39	MX	61
193	138	Felixstowe RR MX Team 8	04:27:24	MX	62
194	143	Saxons Team 4 MX	04:31:06	MX	63
195	121	Haverhill Ladies Open Wine @ the line	04:34:22	LO	20
196	166	Ipswich JAFFA LO B	04:37:52	LO	21
197	78	GBRC Beer guts and coconuts	03:27:26	MX	64
198	101	NNBR - LV Blister Sisters	03:47:20	LV	10
199	179	The Slow Steamers	03:50:52	SO	25