

The Ekiden teams 2014
 Overall Summary
 July 04, 2014
 Results By ChiptimingUK

Mens Open

Place	Team Name	Bib No	Gender/Age	Laps	Total Time	Pace	Distance
1	Colchester Harriers Mens Open A	38	M/29	17	2:26:09.4	3:26/M	42.500
2	Ipswich Jaffa Mens Open A	1	M/36	17	2:29:02.9	3:30/M	42.500
3	Ipswich Harriers MO	12	M/18	17	2:30:09.7	3:32/M	42.500
4	St Edmund Pacers Men You Only live Twice	19	M/33	17	2:32:51.9	3:36/M	42.500
5	Newmarket Joggers Mens Open A	9	M/47	17	2:35:54.1	3:40/M	42.500
6	Harwich Runners Mens Open A	3	M/30	17	2:39:32.9	3:45/M	42.500
7	Norwich Road Runners Mens Open A	30	M/49	17	2:39:34.3	3:45/M	42.500
8	Felixstowe Mens Open Team 1	99	M/46	17	2:40:39.1	3:47/M	42.500
9	Gt Bentley Mens Open A	10	M/36	17	2:41:51.3	3:48/M	42.500
10	Norwich Road Runners MO A	25	M/50	17	2:42:55.2	3:50/M	42.500
11	Lowestoft Road Runners Mens Open A	6	M/32	17	2:45:44.0	3:54/M	42.500
12	Sudbury Joggers Mens Open B	15	M/42	17	2:48:52.6	3:58/M	42.500
13	Witham Mens Open A	13	M/38	17	2:48:52.7	3:58/M	42.500
14	Fram Flyers Mens Open A	7	M/43	17	2:50:12.4	4:00/M	42.500
15	Hadleigh Hares Mens Open A	11	M/43	17	2:51:36.3	4:02/M	42.500
16	Colchester Harriers Mens Open B	64	M/44	17	2:56:07.0	4:09/M	42.500
17	Sudbury Joggers Mens Open A	2	M/43	17	2:57:05.4	4:10/M	42.500
18	Witham Mens Open B	22	M/38	17	2:59:41.0	4:14/M	42.500
19	Ipswich Jaffa Mens Open B	14	M/37	17	3:01:23.3	4:16/M	42.500
20	Felixstowe Mens Open Team 4	31	M/38	17	3:04:44.9	4:21/M	42.500
21	Gt Bentley Mens Open C	8	M/37	17	3:05:48.4	4:22/M	42.500
22	St Edmund Pacers Mens Open Living Daylights	45	M/46	17	3:07:21.1	4:24/M	42.500
23	Woodbridge Shufflers Mens Open	29	M/51	17	3:08:23.6	4:26/M	42.500
24	Newmarket Joggers Mens Open B	17	M/40	17	3:08:38.5	4:26/M	42.500
25	Felixstowe Male Open Team 3	26	M/39	17	3:09:45.6	4:28/M	42.500
26	Gt Bentley Mens Open B	24	M/42	17	3:10:20.0	4:29/M	42.500
27	Hadleigh Mens Open B	27	M/41	17	3:12:05.6	4:31/M	42.500
28	Witham Mens Open C	93	M/40	17	3:17:02.5	4:38/M	42.500
29	Lowestoft Road Runners Mens Open B	21	M/59	17	3:17:18.0	4:39/M	42.500

MV 40-49

Place	Team Name	Bib No	Gender/Age	Laps	Total Time	Pace	Distance
1	Ipswich JAFFA Mens Vets A	90	M/42	17	2:39:03.4	3:45/M	42.500
2	Harwich Mens Vets	89	M/46	17	2:51:10.6	4:02/M	42.500
3	Fram Flyers Mens Vets	85	M/44	17	3:03:05.6	4:18/M	42.500
4	Norwich Road Runners Mens Vets A	86	M/61	17	3:04:11.9	4:20/M	42.500
5	Ipswich JAFFA Mens Vets B	92	M/46	17	3:10:06.3	4:28/M	42.500
6	Gt Bentley Mens Vets A	88	M/40	17	3:22:58.4	4:47/M	42.500

SV 50+

Place	Team Name	Bib No	Gender/Age	Laps	Total Time	Pace	Distance
1	Colchester Harriers Supervets	155	M/50	17	2:47:48.2	3:57/M	42.500
2	Ipswich JAFFA Supervets A	122	M/58	17	2:52:17.5	4:03/M	42.500
3	St Edmund Pacers Super Vets Live and Let Die	125	M/52	17	2:54:24.1	4:06/M	42.500
4	Norfolk Gazelles Tim's Turbos	121	M/52	17	2:56:42.8	4:09/M	42.500
5	Harwich Runners Mens Supervets	16	M/58	17	2:58:15.3	4:12/M	42.500
6	Stow Striders SuperVets A	123	M/54	17	2:59:53.2	4:14/M	42.500
7	Haverhill Nifty Fifties	154	M/51	17	3:04:54.1	4:21/M	42.500
8	Gt Bentley Super Vets A	126	M/66	17	3:13:29.3	4:33/M	42.500
9	Fram Flyers Mens Supervets	50	M/58	17	3:22:05.3	4:45/M	42.500
10	Gt Bentley Super Vets B	127	M/52	17	3:22:18.6	4:46/M	42.500
11	Witham SuperVets	129	M/57	17	3:28:17.0	4:54/M	42.500
12	St Edmund Pacers Supervets Die Another Day	83	M/53	17	3:28:55.7	4:55/M	42.500
13	Gt Bentley Supervets C	116	F/47	17	3:30:17.3	4:57/M	42.500
14	Ipswich JAFFA Supervets B	124	M/57	17	3:37:02.8	5:06/M	42.500
15	Fram Flyers Ladies SuperVets	49	F/48	17	4:01:34.8	5:41/M	42.500

Ladies Open

Place	Team Name	Bib No	Gender/Age	Laps	Total Time	Pace	Distance
1	Colchester Harriers Ladies Open A	69	F/40	17	2:54:20.7	4:06/M	42.500
2	Ipswich JAFFA Ladies Open A	97	F/37	17	2:56:49.8	4:10/M	42.500
3	St Edmund Pacers Ladies Open Diamonds are Forever	110	F/37	17	3:02:43.8	4:18/M	42.500
4	Hadleigh Hares Ladies Open A	95	F/23	17	3:03:19.6	4:19/M	42.500
5	Colchester Harriers Ladies Open B	102	F/37	17	3:09:09.4	4:27/M	42.500
6	Fram Flyers Female Open A	103	F/37	17	3:14:48.2	4:35/M	42.500
7	Norwich Road Runners Ladies Open	111	F/25	17	3:18:48.1	4:41/M	42.500
8	Newmarket Ladies Open	94	F/27	17	3:19:51.8	4:42/M	42.500
9	Hadleigh Hares Ladies Open B	35	F/42	17	3:28:14.9	4:54/M	42.500

10	Gt Bentley Ladies Open C	72	F/25	17	3:29:47.8	4:56/M	42.500
11	Ipswich JAFFA Ladies Open B	104	F/48	17	3:33:24.7	5:01/M	42.500
12	Felixstowe Ladies Open Team 2	96	F/45	17	3:35:54.7	5:05/M	42.500
13	Sudbury Ladies Open	98	F/35	17	3:37:38.4	5:07/M	42.500
14	Woodbridge Shufflers Ladies Open	58	F/48	17	3:47:45.4	5:22/M	42.500
15	Gt Bentley Ladies Open A	108	F/39	17	3:51:09.1	5:26/M	42.500
DQ	West Suffolk Ladies Open	36	F/20	17	2:55:17.9	4:07/M	42.500

LV 35-44

Place	Team Name	Bib No	Gender/Age	Laps	Total Time	Pace	Distance
1	Ipswich JAFFA Ladies Vets A	114	F/41	17	3:18:22.3	4:40/M	42.500
2	Harwich Ladies Vets	106	F/64	17	3:22:43.6	4:46/M	42.500
3	Witham Ladies Vets	119	F/50	17	3:26:06.6	4:51/M	42.500
4	St Edmund Pacers Lady Vets For Your Eyes Only	84	F/51	17	3:29:23.3	4:56/M	42.500
5	Lowestoft Ladies Vets	107	F/47	17	3:38:16.1	5:08/M	42.500
6	Norwich Road Runners Ladies Vets	118	F/48	17	3:42:30.9	5:14/M	42.500
7	Gt Bentley Ladies Vets	109	F/38	17	3:51:09.1	5:26/M	42.500
8	Fram Flyers Ladies Vets	48	F/44	17	3:52:20.1	5:28/M	42.500
9	Ipswich JAFFA Ladies Vets B	105	F/37	17	3:52:32.9	5:28/M	42.500
10	Witham Ladies Vets B	128	F/49	17	4:35:14.7	6:29/M	42.500

Mixed

Place	Team Name	Bib No	Gender/Age	Laps	Total Time	Pace	Distance
1	Stow Striders Mixed Team A	70	M/40	17	2:43:57.9	3:51/M	42.500
2	Ipswich JAFFA Mixed A	153	M/30	17	2:45:18.3	3:53/M	42.500
3	Dereham A	156	M/50	17	2:47:08.9	3:56/M	42.500
4	Ipswich Harriers Mixed	59	M/27	17	2:50:04.9	4:00/M	42.500
5	Tiptree Half Man Half Biscuit	151	M/45	17	2:53:32.2	4:05/M	42.500
6	St Edmund Pacers Mixed Licenced to Kill	42	M/46	17	2:57:32.6	4:11/M	42.500
7	St Edmund Pacers World is not Enough	47	M/17	17	3:01:59.0	4:17/M	42.500
8	Colchester Harriers Mixed	78	F/48	17	3:09:56.9	4:28/M	42.500
9	Norwich Road Runners The Brightlys	80	M/50	17	3:10:27.1	4:29/M	42.500
10	Coltishall We will be the first Jags team home	62	F/37	17	3:12:36.6	4:32/M	42.500
11	Coltishall No we will be the first Jags team home	63	F/37	17	3:12:36.7	4:32/M	42.500
12	Stow Striders Mixed Team J	91	M/45	17	3:14:38.0	4:35/M	42.500
13	Norfolk Gazelles Julie's Jedis	117	F/46	17	3:18:36.8	4:40/M	42.500
14	Stow Striders Mixed Team B	101	M/51	17	3:18:50.8	4:41/M	42.500
15	Stow Striders Mixed Team E	115	M/33	17	3:19:26.1	4:42/M	42.500
16	Stow Striders Mixed Team I	5	M/50	17	3:20:24.6	4:43/M	42.500
17	Beccles and Bungay Harriers	23	F/40	17	3:20:46.4	4:43/M	42.500
18	Stow Striders Mixed F	120	M/43	17	3:21:39.8	4:45/M	42.500
19	Stowmarket Striders Mixed G	4	M/42	17	3:22:10.3	4:45/M	42.500
20	Stow Striders Mixed Team H	87	F/39	17	3:22:14.3	4:46/M	42.500
21	Haverhill The Dashing Devils	53	M/63	17	3:22:50.2	4:46/M	42.500
22	Wymondham AC Team Kent	33	M/41	17	3:27:06.9	4:52/M	42.500
23	Haverhill The Barmey Army	52	F/48	17	3:28:03.6	4:54/M	42.500
24	Wymondham AC Team Quentin Hicks	34	F/40	17	3:28:22.6	4:54/M	42.500
25	Wymondham AC - Team Lakey	60	M/39	17	3:29:09.6	4:55/M	42.500
26	Norwich Road Runners Mixed A	39	M/56	17	3:29:33.5	4:56/M	42.500
27	Stow Striders Mixed Team C	152	F/33	17	3:29:51.7	4:56/M	42.500
28	Stow Striders Mixed Team D	100	M/50	17	3:30:11.1	4:57/M	42.500
29	Norwich Road Runners Mixed 4	79	M/30	17	3:32:08.8	4:59/M	42.500
30	Saxons Team 3	71	M/48	17	3:32:31.4	5:00/M	42.500
31	Dereham B	157	M/24	17	3:33:44.2	5:02/M	42.500
32	Haverhill The Achillies Heels	67	M/40	17	3:33:53.4	5:02/M	42.500
33	Wymondham AC Team Bradley	77	F/54	17	3:33:58.6	5:02/M	42.500
34	Harwich Mixed C	41	F/45	17	3:34:30.7	5:03/M	42.500
35	Wymondham AC Team Fickling	32	M/56	17	3:35:12.5	5:04/M	42.500
36	Norfolk Gazelles Karen's Krew	61	F/45	17	3:35:31.4	5:04/M	42.500
37	Harwich Runners Mixed A	20	M/17	17	3:35:36.5	5:04/M	42.500
38	Saxons Team 2	66	M/48	17	3:35:57.7	5:05/M	42.500
39	Hadleigh Hares Mixed A	28	M/43	17	3:38:44.1	5:09/M	42.500
40	Harwich Mixed B	40	M/49	17	3:38:55.0	5:09/M	42.500
41	Wymondham AC Team Nunn	74	F/38	17	3:41:12.3	5:12/M	42.500
42	Felixstowe Mixed Team 5	46	F/60	17	3:42:18.0	5:14/M	42.500
43	Hadleigh Hares Mixed B	43	M/22	17	3:42:41.1	5:14/M	42.500
44	Harwich Mixed D	44	M/39	17	3:42:46.2	5:14/M	42.500
45	Saxons - Team 1	65	M/17	17	3:43:11.0	5:15/M	42.500
46	Wymondham AC Team Black	76	M/41	17	3:43:38.3	5:16/M	42.500
47	Tiptree The Flapjacks	55	M/40	17	3:46:12.0	5:19/M	42.500
48	The Haverhill Hares	51	F/50	17	3:47:06.8	5:21/M	42.500
49	Wymondham AC Team Kendall	75	F/39	17	3:48:07.1	5:22/M	42.500
50	Sudbury Mixed B	113	M/40	17	3:48:52.3	5:23/M	42.500
51	Haverhill The Twisted Blisters	68	F/42	17	3:48:57.4	5:23/M	42.500
52	Ipswich JAFFA Mixed B	18	M/57	17	3:49:17.5	5:24/M	42.500

53	Norwich Road Runners Mixed 7	82	F/36	17	3:49:42.0	5:24/M	42.500
54	Tiptree The Pecan Plaits	54	M/58	17	3:52:03.1	5:28/M	42.500
55	Felixstowe Mixed Team 6	73	M/45	17	3:52:10.8	5:28/M	42.500
56	Sudbury Mixed A	112	M/49	17	3:55:42.6	5:33/M	42.500
57	Tiptree Fat Rascals	56	F/52	17	4:07:41.5	5:50/M	42.500
58	Norwich Road Runners Mixed 6	81	M/55	17	4:09:06.0	5:52/M	42.500
59	Felixstowe Mixed Team 7	37	M/30	17	4:19:07.7	6:06/M	42.500
60	Tiptree The Fruit Cake Freidas	57	F/40	16	3:08:53.2	4:43/M	40.000

Social
Place

	Team Name	Bib No	Gender/Age	Laps	Total Time	Pace	Distance
1	Goddard's Saturday Old Boys	143	M/45	17	2:49:53.1	4:00/M	42.500
2	Six on the Beach	138	M/45	17	2:52:02.7	4:03/M	42.500
3	PaRUNmedics	141	M/48	17	3:07:15.5	4:24/M	42.500
4	Team Awesome	135	M/52	17	3:17:51.8	4:39/M	42.500
5	Team Belsom and Friends Slow	150	M/52	17	3:20:52.8	4:44/M	42.500
6	Run for Your Life	140	M/30	17	3:22:14.1	4:46/M	42.500
7	Goddard's Saturday Girls	148	F/40	17	3:31:25.4	4:58/M	42.500
8	Ensors	132	M/31	17	3:33:17.9	5:01/M	42.500
9	Ufford Park	131	M/45	17	3:34:36.8	5:03/M	42.500
10	Run 4330	139	M/26	17	3:36:34.1	5:06/M	42.500
11	Longdale Striders	142	F/39	17	3:39:39.9	5:10/M	42.500
12	Team M&S	133	M/54	17	3:41:16.6	5:12/M	42.500
13	Commando Runners Team 3	145	M/29	17	3:42:04.5	5:14/M	42.500
14	Orwell Housing	134	M/35	17	3:43:45.5	5:16/M	42.500
15	Commando Runners Team 1	137	F/32	17	3:48:57.9	5:23/M	42.500
16	Commando Runners Team 2	144	F/29	17	3:49:51.3	5:24/M	42.500
17	Commando Runners Team 4	146	M/28	17	3:50:25.9	5:25/M	42.500
18	Vertically Challenged	136	M/33	17	3:56:18.5	5:34/M	42.500
19	BT TSO	149	M/46	17	4:00:50.0	5:40/M	42.500
20	I dont think youre ready for this belly	147	M/25	17	4:18:52.7	6:05/M	42.500
21	Ryan Insurance Group	130	M/46	16	3:14:07.8	4:51/M	40.000